

# Cultivating Sustainability: Exploring Diverse Agroforestry Practices in West Bengal

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### **ABSTRACT**

West Bengal contributes significantly to national value in agricultural crop production, highlighting its critical role in shaping the country's agrarian landscape. This article will investigate the many facets of agroforestry in the state, with a focus on three key aspects. To begin, it examines the significance and role of agroforestry in fostering sustainable land-use systems from both an economic and ecological standpoint. Second, it provides a detailed analysis of agricultural and soil conditions in West Bengal's various agroclimatic zones. Finally, the article investigates the various agroforestry systems that are actively practiced in the state. Agroforestry has historical roots in West Bengal that predate the Green Revolution, but the arc of increased agricultural production has significantly influenced its trajectory. In recent decades, scientists have questioned the economic and ecological sustainability of agroforestry. This article examines the role of agroforestry in restoring a balance between productivity and sustainability. West Bengal, a heavily endowed agricultural state, is grappling with the negative effects of its topography as well as the escalating effects of climate change, posing challenges to the ecological and economic sustainability of its land-use system. In light of this, the article provides a concise overview of major agroforestry systems and practices in West Bengal, shedding light on their potential to address contemporary ecological concerns while also improving economic resilience.

**Keywords:** Agroclimatic zones, Biodiversity conservation, Climate change, Economic resilience, Sustainable land-use systems.

### Introduction

Against this backdrop, the article provides a concise overview of major agroforestry systems (AFS) and practices in West Bengal, shedding light on their potential to address contemporary

ecological concerns while also enhancing economic resilience. Agroforestry has many definitions, all pointing to the intensive and intentional/deliberate integration of trees on farms for the mutual interactions of all the components in an efficient way to grasp

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the production and sustainability attributes in ecological as well as economic terms(Nair et al., 2008, 2009). Agroforestry, according to the National Agroforestry Policy (2014), is a land use system that intentionally incorporates trees in farms and rural landscapes to increase productivity, diversity, income, and ecosystem sustainability. Diverse agroforestry systems are firmly rooted in the tropics due to favourable climatic conditions and socioeconomic factors such as demographic pressures, reduced land holding area, unfavourable land tenures, greater labour accessibility, and proximity to markets (Nair, 2007; Nair et al., 2008). As a tropical country, India has faced numerous challenges in the agricultural and associated agricultural systems due to demographic pressure, rising demand for food/fodder/fuel, natural resource depletion, and the effects of climate change. For centuries, the AFS has been laying the scientific foundations for decoding these problems of rural livelihood in India by providing farmers with economic and ecological stability. Ecological security can only lay the groundwork for long-term food and nutrition stability or security, which means the stability and security of land, flora, water, fauna, and the atmosphere, as these are the fundamental lifesupporting systems (Swaminathan, 1981).

West Bengal has a stronghold on AFS, which is agriculturally classified into six agroclimatic zones (ACZ): northern hill, new alluvial, terai-tista alluvial, coastal saline, undulating red and laterite regions, and Vindhyan alluvial (Dhara *et al.*, 2017). Some of these zones are under severe threat in terms of fertility and productivity (Dhara *et al.*, 2017; Murmu *et al.*, 2018).

AFS made significant changes in these fields in economic terms as well as in ecological terms. However, introducing location-specific (agro-ecology region) AFS is imperative to justify its scientific and economic importance over other systems. The role of land use systems in maintaining economic and ecological sustainability in rural livelihoods became important research during the past decade. Agroforestry attained immense attention in achieving this sustainability scientifically. Congruous inter-cropping amalgamations of trees and arable crops in AFS has immense importance in bringing back early sustainable economic and ecological returns to the farmer. Agroforestry renowned in its potential to enhance the overall productivity of the system, soil conservation, soil fertility improvement, micro-climate improvement, nutrient cycling, bio drainage, carbon sequestration, biofuel and bio-energy (Fanish and Priya, 2013). The highest biomass of AFS in the eastern and north eastern region including west Bengal was from home gardens having a range of 30.76–140 Mg ha<sup>-1</sup> (Chavan *et al.*, 2022). Although agroforestry has since past decades, a converged data of AFS in West Bengal is minimal and is essential for the comprehensive understanding agroforestry in different ecological zones of West Bengal. Also, it is important in itself for feeding the massive datasets to research projects and for other development/ planning purposes. With all this in mind, this chapter focuses on bringing togetherthe agriculture and soil conditions of various ACZ of the state and major AFS practices in the state, with a special emphasis on the All India Coordinated

Research Project (AICRP) role in bringing out the agroforestry as a successful land use system which can easily adopt by the farmers.

### **Need for agroforestry**

The extramural human and animal population, led to the ever-expanding needs of food, fodder, and fuel, exerted a negative impact on main attributes of agroecosystems. Subsistence farming before the green revolution was dominated by the mixed species all over the world (Mbow et al., 2014), demographic pressures had driven forcefully the agriculture system to take over by the monocultures for enhanced production of food, even though subsistence agroforestry continued in the homesteads. Monoculture systems remove a high amount of nutrients from the soil per harvest without replenishing them, causing a high nutrient depletion in these systems. As researchers recognized the urge for ecological stability in the agricultural system for the empowerment of farmers' livelihood and environmental stability, AFS recaptured its limelight from past decades. AFS recognizes the intimate influences and explores the interaction between environmental and human aspects to fulfil livelihood security at local as well as regional levels. The potential of agroforestry mono-cropping over agriculture is the impact that made on the economy through the building up of sociolivelihood basement by the production of fruit, fodder, fuel wood and other produce with agricultural products. Other potential includes additional carbon sequestration, soil conservation, nutrient cycling, improvement of soil health, biodiversity. The subsections that follow provide a

summary of AFS's potential for increasing economic and ecological stability.

### Carbon sequestration

The last decade was flooded with literature on carbon sequestration in AFSs from all over the World. Anyway, agroforestry became an attraction in carbon sequestration at the end of the 20th century with the arrival of the Kyoto protocol in 1995 under the afforestation and reforestation category (Nair, 2011). According to the United Nations Framework Convention on Climate Change (UNFCCC), carbon sequestration is the removal of atmospheric CO2 and its longterm storage in persistent pools (UNFCCC 2007). AFS accomplishes this huge task with its two prime components- above ground and below ground. Above ground biomass (AGB) is from stem, leaf, or any parts of trees, shrubs and herbs while below ground biomass (BGB) is from other plant parts below the soil, such as roots, soil organisms and carbon stored in the soils of different horizons in chemical form. The carbon sequestration in each AFS would differ due to ecoregion, nature of species, previous land use and site quality (Nair, 2011). Anyway, AFS have higher potential than field crops and pastures to sequester carbon growing under identical ecological conditions (Palm et al., 2004; Haile et al., 2008 Roshetko et al., 2002; Kirby and Potvin, 2007).

### Agroforestry and soil health

Soil fertility is one of the essential resources for maintaining the sustainable health of the soil. Agroforestry has proven its capacity to enhance soil quality as a promising system and practice in degraded land. AFS embraces multiple interactions between trees and crops to bring out the soil quality at the sustainable level, which is indeed for a sustainable agriculture. Soil health is defined as the soil's continuous ability to function as a comprehensive biological system to promote floral and faunal healthy growth, as well as to sustain ecological environments productivity of the land use systems within that ecosystem (Doran et al., 1996). One of the vital properties of soil fertility is the organic carbon (OC) content in the soil which feeds the soil biota and influences the soil microorganism diversity, also higher OC content has more synergies with the productivity of soil as it enhances the physical, chemical and biological properties. AFS is a complex system which substantially influences the organic matter content of soil through its higher competence of litter decomposition, diverse soil biota, and enhanced nutrient cycling. Anyway, litter decomposition and mineralisation are fairly dependent upon edaphic, environmental management factors. Koul et al. (2011) reported the SOC stock of AFS (12.14 t/ ha) and agriculture fields (6.99 t/ha) in west Bengal, highlighting the potential of AFS to store more carbon in the soil than agricultural land use system.

### Agroforestry for microclimate amelioration

The threshold level of microclimate is essential for each species to grow to its greatest potential, variation in this threshold led to vulnerability in the growth and production of crops (Slingo *et al.*, 2005). Accredit the suitable microclimatic condition to the crops by AFS where the

optimal range exceeds normal is well documented (Lin, 2007). Shade trees in an AFS have an ecological effect, it can regulate the variation in radiation fluxes, evapo-transpiration rates, humidity and wind speed of the under storey, which modify a conducive photosynthetic efficiency, transpiration, plant growth and water use efficiency of the crop (Monteith et al., 1991). While unscientific integration of trees causes over shade and it can affect crop production negatively. Removal of shade trees caused the increase of soil temperature (40°C) and relative air humidity (12%) in cacao-based agroforestry systems, previous land use and site quality (Nair, 2011). Anyway, AFS have higher potential than field crops and pastures to sequester carbon growing under identical ecological conditions (Steffan-Dewenter et al., 2007).

### Socio-economic development

Globally around 1.6 billion people depend upon forest resources for their social needs (Wiersum, 1999) and nearly 1.2 billion people use trees from their farms as a source of cash and food in developing countries (FAO, 2011). Livelihood security can be achieved through agroforestry as it provides basic needs such as food, fodder, timber, and fuel with low input cost and an additional income to the farmers and communities which enhances their socioeconomic security and economic resilience. AFSs like home gardens have a predominant role in women's empowerment by providing employment opportunities to women to encourage gender equality and becoming a part of income generators to their livelihood. Apart from economic resilience, AFS guarantees food security in the community, Ickowitz et al. (2016) justified a direct relationship between agroforestry and legume intake of communities living in forest fringe areas, strengthening the micronutrient levels of the body. Mono cropping land use system focuses on a single crop that would bring a very quick return to the farmer, but numerous negative factors hinder this system, such as risk in market behaviour, total crop failure due to disasters, and other environmental and ecological threats like climate change.

# Agricultural soil conditions of West Bengal

West Bengal is renowned for the supreme production of rice and jute in the country. The state consists of 8% of India's population in 2.7 per cent of India's geographical area. Nearly 96% are small and marginal farmers from 71.23 lakh families, with a mean land holding size of 0.77 ha (Govt. of west Bengal, 2022). The net sown area is around 52 lakh ha from 92% of cultivable land which comprises 68% of the geographical area of the state with a cropping intensity of 184%. The state has a diverse climatic condition with mainly fertile soil, and water resources, which contributed to the national value of 8.21% in agriculture and related sectors, even with 3.7% of the country's net cropped area (DES, 2019). However, the state is in a humid tropic region and close to the Bay of Bengal, often it undergoes natural challenges like cyclones and floods. The productivity of pulses, oilseeds and maize is still below the threshold even though it conquered the productivity of rice, vegetables, and potatoes. Soil health is the miscreant in the low production of other

crops, poor soil health may be due to the excess use of chemical fertilizers, pesticides, monocropping, poor farm mechanization and unscientific management of fields. Beyond this, weather and climatic parameters also hold a precise role in the productivity and soil health of the state. Weather and soil characteristics differ in each ACZ of the state, as addressed below.

#### Northern hill zone

This zone is mainly comprised of Darjeeling and Kalimpong districts, has porous soil with coarse texture, shallow indepth, mostly acidic and poor water holding capacity. As the name designates, land area has a peculiar physiographic feature with steep slopes which hampers 70% area unsuitable for agriculture, and is highly susceptible to soil erosion. Even though soil contains high OC, low temperature influences the slow rate of mineralization. Soil is highly acidic with low content of calcium (Ca), magnesium (Mg) and other micronutrients. Landslides are a major threat to agriculture every year which wipe the fertile topsoil (Mandal et al., 2022).

### Terai-Teesta alluvial zone

This zone mainly consists of Jalpaiguri, Alipurduar, and Coochbehar. An immense deposition of the Mahananda, Teesta, Torsa and Jaldhaka rivers making the soil is sandy to sandy loam and greyish black in colour. Frequent flooding due to heavy rainfall is a pejorative feature of the zone with a high intensity covering 20% of the land, causing a high deposition of sand which forces the land into a barren condition. Soils are moderately acidic due to heavy leaching all cations are leached beneath the soil (Dutta, 2018); partially

oxidised organic matter is medium to high with low level of Ca, Mg and micronutrients. Most of the strongly acidic area is affected aby Aluminium (Al) toxicity (Mandal *et al.*, 2022). Major crops are banana, pineapple, jackfruit, tomato turmeric and guava. However, tea plantations also managed in the low lands of this zone as like in uplands.

### Gangetic alluvial (new alluvial zone)

This zone is non-saline alluvial region, dominated by Malda, Murshidabad, Nadia, East Burdwan North and South 24 parganas, Hooghly and Howrah district. Level topography allows cultivation of almost all types of field and fruit crops with a cropping intensity of 170% (Dhara et al., 2017), mango, litchi and mulberry are the major fruit crops and region is favourable for the growth of tropical and sub-tropical fruits (Mandal et al., 2022). The zone is rich potassium (K) with medium concentration of nitrogen (N) and phosphorous (P), but poor in OC (Dutta, 2018). Generally, this zone is categorized under medium fertility status. Systematic AFS is predominant in the zone (Dhara et al., 2017). Major crops are wheat, paddy, potato, jute, onion and tomato.

### Vindhyan alluvial (old alluvial zone)

A major part of the zone is embraced with the South Dinajpur, East Midnapore, the western region of Hooghly and Murshidabad, and the eastern region of Bankura and Birbhum. Mayurakshi, Ajoy, Damodar, Darkeswar and Kangshabati which originate from the eastern part of the Vindhyan range from the soil by deposit, having flat as well as rolling topography with bunded in highlands and

medium lands. The soil has a pH range of 5-7 with all classes of texture, low in OC and available P. Other major nutrients are low to high. The major crop grown is rice and the best potato growing belt in whole India. Jute, pulses, sugarcane, vegetables and pulses also have a great contribution to the agriculture production (Mandal *et al.*, 2022).

### Lateritic, red and gravelly undulating zone

As the name indicates, it has laterite, red, gravelly and alluvial soil with undulating topography major part of this ACZ is in West Burdwan, Purulia, Bankura, West Midnapur, Jhargram Birbhum, Burdwan, Bankura and Purulia districts. Red soils are mainly handled by the Malda and west Dinajpur districts, while gravelly soils are in the Purulia district (Mandal et al., 2022). Generally, upland soils are susceptible to erosion and highly coarse textured with a strongly acidic nature has poor OC and other major nutrients and is categorized under low fertility, while low land area soils are fertile compared to upland. Major crops are onion tomato, pulse and oil seeds and rice under rainfed condition (Dutta, 2018).

#### Coastal saline zone

The southern part of the state is bounded by this zone, crossing a large number of rivers and their tributaries across the zone that brings alluvial soil, generally saline with irregular patches of acid saline, saline-alkali and non-saline alkali having a pH of 6.5 to 8.5. Acid sulphate soils are also found in this zone with a pH 4 and a deep black colour. Fine textured soils have a silty clay nature and rich organic matter, K and Mg. High Mg

content causes hard and dry soil and becomes impeded in drainage conditions. Monsoon season is monopolised by rice and post-monsoon is occupied by other crops also like watermelon, chillies, safflower, sunflower, sugar beet, groundnut and vegetables (Mandal *et al.*, 2022).

# Agroforestry systems prevalent in West Bengal

Different Agroforestry Systems like Agri-horticulture, Agri-silviculture, Agri-silviculture, Agri-silvi-horticulture, aqua-forestry and Boundary plantations are practised in West Bengal (Dhara et al., 2016). Karanj, Mahogany, Neem, Mulberry, Shisham, Gulmohar, Gamhar and Kapok are some of the most important species in the Agroforestry systems of the State (Das et al., 2016). Home gardens are a significant Agroforestry system in North Bengal (Chakravarty et al., 2017).

### Bamboo based agroforestry systems

Bamboo is regarded as an atmosphere and soil healer because it produces a lot of oxygen, has low light intensity, shields against UV radiation, and defends against them. Furthermore, it considerably decreases soil erosion and preserves water (Amneth, 996). Bamboo-based agroforestry system is practised in the moist humid zones of Bengal (North Bengal). The bamboo species cultivated are Bambusa nutans, Bambusa balcooa, Bambusa vulgaris, Bambusa tulda and Bambusa bambos etc along with Musa paradisiaca (Banana), Areca catechu (Beetelnut), Cocos nucifera (Coconut), Emblica officinalis (Aonla), Albizia procera (Siris) and Bombax ceiba (Semul) etc. Banerjee et al. (2009) studied Bamboo agroforestry system using two Bamboo

species viz. Bambusa tulda and Bambusa balcooa and the results showed that a wide spacing of 12 m × 10 m and 10 m x 10 m allowed for the successful intercropping of crops such Oryza sativa (Paddy), Abelmoschus esculentus (Okra), Arachis hypogaea (Groundnut), Cajanus cajan (Pigeon pea), Lagenaria sicerari (Bottle gourd), Colocasia esculenta (Colocasia), Amorphophallus paeoniifolius (Elephant foot yam), Vigna unguiculata (Cowpea) and Curcuma longa (Turmeric).

## Gmelina arborea based agroforestry system

The most frequently grown Gmelina arborea is also regarded as a significant spiritual and therapeutic tree (Pathala et al., 2015). Moreover, it returns a significant amount of nutrients to the soil, greatly reducing nutrient losses and boosting soil productivity (Dutta and Dhiman, 2001). Under the agroforestry system, Gamhar (Gmelina arborea) may hold promise, especially in West Bengal's red and laterite zones (Banerjee and Dhara, 2009). In West Bengal, Gmelina arborea agroforestry system is practiced with agriculture crops Vigna unguiculata (Cow pea), Vigna mungo (black gram), Oryza sativa (Rice) and Arachis hypogaea (Groundnut). Blackgram/groundnut produced the highest return (Rs. 13,800.00 ha-1 year-1) from the crop, while cowpea produced the lowest (Rs 6,180.00 ha-1 year-1). (Vanlalngurzauva et al., 2010). Integeration of Gmelina arborea with fruit tree such as Mangifera indica (Mango) and crops like Abelmoschus esculentus (Okra) and Brassica juncea (Mustard) also resulted in higher gross income (Momin et al., 2017).It is s frequently grown in home gardens for

timber production and for the root extract's use in stomach disorders (Niyas *et al.*, 2016). Thus, it makes substantial contribution in meeting farmer's need and preservation of biodiversity (Subba *et al.*, 2016; Chakravarty *et al.*, 2017).

# Large cardamon based traditional agroforestry systems

The oldest spice, Large Cardamom (Amomum subulatum), a significant perennial cash crop, is indigenous to Sikkim and Darjeeling Himalaya, as well as the eastern highlands of Nepal (Shrestha et al., 2018). Cardamom agroforestry has a greater tree diversity index than other agroforestry approaches in the area, and it supports a wide variety of tree species. Farmers take precautions to produce the crop on higher, more vulnerable terrain to reduce soil erosion and landslides (Sharma and Sharma, 1997).

Amomum subulatum is a shade-loving crop (Vineeta et al., 2021, 2022), thus it is intermingled traditionally understorey with natural forest trees such as Alnus nepalensis (Himalayan Alder) (Negi et al., 2018). Because of its poor nutrient conservation and low nutrient usage efficiency, Alnus nepalensis is a great partner for fostering increased nutrient availability and quicker nutrient cycling (Singh et al., 1989). The addition of Frankia as an endophyte to the roots of Alnus species improves biological nitrogen fixing (Garg et al., 2003). Other tree species such as Cryptomeria japonica (Japanese cedar), Schima wallichiana (Needlewood Tree) and Cupressus cashmeriana (Kashmir cypress) are also cultivated in Large cardamom agroforestry system in the region (Vineeta et al., 2022). This

agroforestry system provides numerous advantages from environmental to livelihood sustenance, including limiting carbon emissions and guaranteeing financial security, and is typically viewed as the shadow of natural forest (Das *et al.*, 2016, Vineeta *et al.*, 2023).

### Arecanut based agroforestry system

Areca catechu is one of the significant plantation crops of Northern region of West Bengal. Because of the significant amount of recyclable biomass present in the system, Areca-based cropping systems offer nutrient regulation functions (Bhat and Sujatha, 2007). Moreover, it offer opportunities for agro-ecotourism, which in turn allows for the provision of cultural services (Kumar et al., 2021). Arecanut farming is typically low-input, with local farmers using some organic manures from the dairy animals they keep on their farms (Harikumar, 2015). The Arecanut Agroforestry systems practised along with Musa Paradisiaca (Banana) and Curcuma longa (Turmeric) resulted in higher net economic returns (Chandrashekhar and Bhattacharjee, 2018). Singh and Baranwal (1993)studied Arecanut Agroforestry and concluded that it's production would rise by 4.1% when combined with Musa Paradisiaca (Banana), Piper nigrum (Black pepper), Theobroma cacao (Cocoa), and/or Amorphophallus paeoniifolius (Elephant foot yam).

### Coconut based agroforestry system

The coconut farming technique is gaining significance because of its maximum spacing, increased incidence of light under the canopy, and also allowing other crops to grow within the spacing due to the effective root zone (Panda *et al.*, 2020). It is widely acknowledged that intercropping systems under coconut are more profitable than monoculture farming since it offers farmers a lot of opportunities for growth in addition to creating more jobs (Nath, 2002).

A study conducted by Bandyopadhyay et al. (2017) revealed that under a cropping strategy based on Gladiolus palustris (Gladiolus), Tagetes spp.(Marigold), Gerbera jamesonii (Gerbera), and Polianthes tuberosa (Tuberose) produced higher yields and were more economical than pure coconut plantation. Black pepper also proved effective in Coconut based Agroforestry system. This approach resolves the problem of establishing different trees specifically for growing peppers (Ghosh, 2009). Under the conditions of West Bengal, a fruit-based cropping system containing Cocos nucifera (Coconut), Piper nigrum (Black pepper), and (Ananas comosus) Pineapple was proven to be the most effective (Ghosh and Bandopadhyay, 2011).

### Home gardens

Home gardens act as sustainable land cultivation, conserving natural resources (Ricketts and Imhoff, 2003; Chakravarty et al., 2017). In areas with high population densities, home gardens have attained significant levels of growth in terms of plant richness, labour input, and income generation (Soemarwoto, 1987; Chakravarty et al., 2017). Home gardens are still an important resource sustaining the livelihood of Indigenous communities of the Northern part of West Bengal (Subba et al., 2015; Sarkar et al., 2020; Pala et al., 2020; Roy et al., 2022). Study conducted

by Subba et. al. (2016) from the Sub-humid region of West Bengal revealed that wide diversity exists in the Homegardens of this region. Major tree species present in the homegardens are Areca catechu (Arecanut), Cocos nucifera (Coconut), Sweitenia mahogany (Mahogany), Gmelina arborea (Gamhar), Anthocephalus cadamba (Kadamba), Artocarpus heterophyllus (Jackfruit), Mellia azedarach( Chinaberry tree), Chukria tabularis (Chukrasia), Tectona grandis (Teak) etc. along with herbs like Ocimum sanctum (Tulsi), Dolichos lablab (Lablab bean), Musa spp., Tagetes erecta (African marigold), Tabernaemontana coronaria (East India rosebay) etc. and fruit plants like Caricapapaya (Papaya), Psidium quajava (Guava), Syzygium cumini (Jaman), Litchi chinensis (Litchi), Aegle marmelos (Bael), Mangifera indica (Mango), Citrus lemon (Lemon), Ziziphus mauritiana (Ber) etc. Majority of the documented species of homegardens are used by the growers for food, fibre, firewood, fodder, medicinal purposes, etc. Homegardens based agroforestry systems of the regions act as gene bank for traditional plant resources (Chakravarty et al., 2017).

### Conclusion

Agroforestry systems are restoring rural people's livelihoods while also helping to mitigate climate change. Agroforestry systems aid in the efficient use of land resources. As a result, the significance of these systems should be recognised and carefully documented. Farmers should understand the value and application of agroforestry systems through various training programmes and schemes. West Bengal's traditional agroforestry systems must be recognised and restored in order

to preserve the region's biological diversity. Local residents must be encouraged to use local flora in agroforestry systems. Thus, agroforestry systems can alter farming perspectives, resulting in a more sustainable farming system.

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